

# **University of New Haven**



## **Women's Lacrosse 2005**



## *HEAD COACH*

**HEATHER MCCLELLAND**

Heather McClelland enters her first season as the Chargers' head women's lacrosse coach. McClelland comes to New Haven from Wesleyan University where she served as women's lacrosse intern under head coach Holly Wheeler since 2002. At Wesleyan, she also served as the Assistant Director of Intramurals and was assistant women's ice hockey coach during the 2002-03 season.

A 2002 graduate of Lafayette College with a Bachelor of Arts Degree in Anthropology and Sociology, McClelland was a four-year standout on the lacrosse team, earning four letters and serving as Lafayette's team captain her senior year. She was named Patriot League Rookie of the Year in 1999 and the conference's Offensive Player of the Year in 2001 and 2002. In 2002, Heather was named Patriot League Tournament MVP, as she helped Lafayette to its first-ever automatic bid to the NCAA Tournament. She also earned Regional All-American honors for three straight seasons from 2000-2002 and played in the Division I senior All-Star game in 2002.



## **BETH HEMMINGER** *ASSISTANT COACH*

Beth Hemminger, a 2003 graduate of The College of Wooster (OH), joins the women's lacrosse staff in 2005 following a stellar playing career.

Beth was a three-time All-American attacker for the Scots and holds both North Coast Athletic Conference (NCAC) and school records for goals, assists and points. She was named First Team All-Conference in each of her four seasons, and was named NCAC Player of the Year in 2003. Beth was also a four-year starter for the Wooster soccer team and earned All-Conference and All-Regional accolades from 2001-2003. In 2004, she served as an assistant lacrosse coach for her alma mater, helping them to a first place conference finish.





### ***Eileen Perchinski-Senior Hicksville, NY-Captain***

The team's defensive leader. Has been elected co-captain for the second consecutive season. One of the team's most consistent players, who has led the Chargers for the past two seasons in ground balls and caused turnovers. According to head coach McClelland,

"Eileen possesses the speed and quickness to spark the midfield transition out of the defensive end. Her composure and leadership on and off the field have solidified her role as a team leader."

**Academics:** Majors in Criminal Justice - Law Enforcement & Administration. **Personal:** Daughter of Robert and Margaret Perchinski.



### ***Sandy Schmidt-Senior New Milford, CT***

The team's leading scorer in 2004, as she had 25 goals on 55 shots and dished out three assists. According to head coach McClelland, "Sandy is a constant threat to the opposition with and without the ball. She will be a key to our offensive success." 2005 Preseason Inside Lacrosse DII All-America selection. In 2004, Sandy was named First

Team All-Region. Ranked in the team's top three in draw controls and ground balls last year.

**Academic:** Criminal Justice **Personal:** Daughter of William and Patricia Schmidt.



### ***Jodi Albert-Junior Southington, CT-Captain***

Missed most of last season due to injury. Made a big impact in the games in which she saw action in the forced turnover and ground ball departments. Elected as a team co-captain this season. Says head coach McClelland, "Jodi's heart and determination have earned her the respect of her teammates and coaches. Look for her speed in the

midfield to help the team both on offense and defense this year."

**Academics:** Majors in Criminal Justice. **Personal:** Daughter of Philip and Linda Albert.



## ***Jamie Metcalf-Junior*** ***Sound Beach, NY***

An asset on both sides of the ball. Played primarily in a defender's role last season, as she led the Chargers in caused turnovers and helped control many 50-50 balls. Says head coach McClelland, "Jamie's aggressive play and intensity make her a player to watch. She has the ability to create a spark for the team both in the attack and in midfield. She's a real presence

on the field." **Academic:** Majors in Criminal Justice. **Personal:** Daughter of William and Linda Metcalf



## ***Britt Tregear-Junior*** ***Victoria, BC***

Britt enters her third year in a Charger uniform as one of the most important players in the squad's midfield. As a center in 2004, she led the team in draw controls with 37, and she also contributed 10 goals and 20 ground balls, earning Second Team All-Region honors. According to head coach McClelland, "Britt is one of the most talented players in the program's

young history. Her athletic ability and hard work raises the play of all her teammates."

**Academic:** Fire Science **Personal:** Daughter of Neil and Denise Tregear.

## **2005 Women's Lacrosse Roster**

<b>No.</b>	<b>Player</b>	<b>Yr.</b>	<b>Pos.</b>	<b>Hometown</b>
1	Jodi Albert	Jr.	M	Southington, CT
2	Kristina Conroy	So.	A	West Haven, CT
29	Heather Gebhardt	Jr.	GK	East Rochester, NY
4	Jenny Griffin	So.	M	Point Pleasant, NJ
12	Christina Hedley	Fr.	M/D	W. Babylon, NY
7	Erin Metcalf	Fr.	A	Sound Beach, NY
15	Jamie Metcalf	Jr.	D	Sound Beach, NY
14	Heather Miles	So.	A	Oswego, NY
16	Eileen Perchinski	Sr.	D	Hicksville, NY
8	Sandy Schmidt	Sr.	M	New Milford, CT
7	Amy Shields	So.	M	Pomfret, CT
19	Lisa Simpson	Sr.	GK	Stone Ridge, NY
20	Allyson Skeens	Gr.	M	West Haven, CT
17	Britt Tregear	Jr.	M	Victoria, BC
3/10	Maureen Wark	Fr.	M	Yarmouth, ME

**Head Coach:** Heather McClelland

**Assistant Coach:** Beth Hemminger



## 2005 PREVIEW

The 2005 women's lacrosse team returns ten players from last year's squad that posted a 6-7 record and welcomes five new players to the program. The Chargers hope to draw upon their experience from last year's 5-0 start, when the team was ranked as high as number 17 in the nation. New Haven will look to continue that momentum throughout this year's 15-game schedule, as the young program looks to build a winning tradition in West Haven.

Leading the attack for UNH will be senior **Sandy Schmidt**, who finished last year as the team's top goal-scorer with 25 along and three assists, and junior **Britt Tregear**, who netted 10 goals and had a team-leading 37 draw controls. Last year's second leading scorer, sophomore **Heather Miles** and classmate **Kristina Conroy** should cause trouble for the opposition's defense. Newcomers on offense include **Allyson Skeens**, **Erin Metcalf**, **Christina Hedley** and returning for her final season, **Lisa Simpson**.

Speaking of defense, the Chargers will be led by senior co-captain **Eileen Perchinski**, junior **Jamie Metcalf** plus freshman **Christina Hedley** and returning two-year starter in goal, **Heather Gebhardt**. With a solid foundation of experience in the backfield, the 2005 Chargers figure to pose a challenging defense for their opponents.

With much of the team possessing the talent to run the midfield, the coaching staff has confidence that the midfield positions will be interchangeable throughout the year and a real team strength. The Chargers look to co-captain **Jodi Albert**, sophomores **Jenny Griffin** and **Amy Shields**, and freshman **Maureen Wark** to provide the speed in the midfield to ignite the transition game.

The Chargers kick off the 2005 season in North Carolina where they will face St. Andrew's Presbyterian and 10th-ranked Queens College, March 6 and 8. The team is slated to open its home schedule on March 14 versus Southern Connecticut State University.

## 2005 SCHEDULE

Date	Opponent	Time
Mar. 6	@ St. Andrew's (NC) College	1:00 pm
Mar. 8	@ Queens (NC) College	4:00 pm
<b>Mar. 14</b>	<b>Southern Conn. State University</b>	<b>3:30 pm</b>
<b>Mar. 20</b>	<b>Merrimack College</b>	<b>10:00 am</b>
Mar. 23	@ Adelphi University	3:30 pm
<b>Mar. 28</b>	<b>St. Anslem College</b>	<b>1:00 pm</b>
Apr. 2	@ Philadelphia University	1:00 pm
<b>Apr. 5</b>	<b>Bryant University</b>	<b>3:30 pm</b>
<b>Apr. 9</b>	<b>American International College</b>	<b>1:00 pm</b>
Apr. 12	@ Assumption College	4:00 pm
<b>Apr. 16</b>	<b>Adelphi University</b>	<b>1:00 pm</b>
Apr. 21	@ St. Thomas Aquinas College	4:00 pm
<b>Apr. 23</b>	<b>Philadelphia University</b>	<b>1:00 pm</b>
Apr. 27	@ C.W. Post	4:00 pm
Apr. 29	@ Franklin Pierce College	5:00 pm

## 2004 RESULTS (6-7)

Date	Opponent	Result
Mar. 22	@ Southern Conn. St University	W 14-2
<b>Mar. 24</b>	<b>FRANKLIN PIERCE COLLEGE</b>	<b>W 16-3</b>
Mar. 27	@ Bryant University	W 10-8
<b>Apr. 1</b>	<b>REGIS UNIVERSITY</b>	<b>W 6-4</b>
<b>Apr. 6</b>	<b>ASSUMPTION COLLEGE</b>	<b>W 18-8</b>
Apr. 8	@ Philadelphia University	L 15-6
Apr. 10	@ Adelphi University	L 20-2
Apr. 14	@ St. Anselm College	L 10-9
Apr. 16	@ American International Coll.	L 10-8
Apr. 19	@ Merrimack College	W 9-8
<b>Apr. 22</b>	<b>ADELPHI UNIVERSITY</b>	<b>L 21-5</b>
<b>Apr. 24</b>	<b>PHILADELPHIA UNIVERSITY</b>	<b>L 11-2</b>
<b>Apr. 29</b>	<b>C.W. POST</b>	<b>L 14-8</b>

### UNIVERSITY OF NEW HAVEN INFORMATION

**School:** ..... University of New Haven

**Location:** ..... West Haven, CT 06516

**Affiliation:** ..... NCAA Division II

**Colors:** ..... Blue & Gold

**Nickname:** ..... Chargers

**President:** ..... Dr. Steven Kaplan

**Director of Athletics:** ..... Deborah Chin

**Head Coach:** ..... Heather McClelland

**Head Coach's Phone:** ..... (203) 932-7464

**Athletic Department:** ..... (203) 932-7016

**Sports Information:** ..... (203) 932-7025